

ALPINE ORTHOPAEDIC PR-2 DATE PRINTED: 06/25/01

Patient: BEARD, TOM G. Account: WC123764

PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2

- [X] Periodic Report
[] Change in Work Status
[] Change in patient's condition
[] Need consultation referral
[] Need surgery/hospitalization
[] Change in Treatment
[] Info requested by
[] Discharged
[] Other:

PATIENT

Account: WC123764 Doctor: 8
TOM G. BEARD SEX: M D.O.B.: 09/24/49
2937 TOYON DRIVE #2 STOCKTON CA 95203
SS#: 558-76-6159 PHONE: (209) 941-4816
CLAIMS ADMINISTRATOR BRAGG AND ASSOC. Claim #: 6201500. DOI: 05-25-95
P.O. BOX 1406 ROSEVILLE CA 95678
Employer: S.J. CTY MOSQUITO CONTROL

DIAGNOSIS

- 1. SPRAIN/STRAIN MED MENISCUS/CARTILAG 836.0
2. 715.96
3. 274.9

WORK STATUS This patient has been instructed to:

- [] Remain off work until
[] Return to Modified Work on with the following
limitations and instructions:
[] Return to Full Duty on with no limitations or
restrictions.

CONTINUE WITH: [] Modified Work [] Full Duty

DATE OF EXAM: 5/30/01 PART OF BODY: LEFT KNEE

Overall his knees have been bothering him. His right knee has been having more medial knee pain. He has only been exercising about once a week at the gym. When he does go, he uses the treadmill. He would like to continue his gym membership. His weight he says is about the same.

On examination, right knee medial joint line tenderness was identified. Range of motion of 0-120 motion of both knees is noted. No effusion of either knee could be palpated. No crepitus of either knee.

ASSESSMENT:

- 1. Right knee medial compartment arthritis.
2. Left knee status post arthroscopic partial medial meniscectomy.

PLAN: I recommend annual x-rays be obtained to monitor any progressive joint space narrowing. It would be appropriate to take x-rays of both knees on the followup visit. Laboratory studies will be done a week prior to his next office appointment to monitor any renal, hepatic

VICKI 916444 6681

JUN 25 2001

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or hematologic toxicity to the Celebex as an anti-inflammatory
agent which will be continued 200 mg one pill on a once-a-day basis.
I have given him a prescription to renew his gym membership.
Patient has been permanent and stationary in regards to his industrial
injury for many years.
Edward L. Cahill, M.D./jh