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June 9, 1993

Office of Benefit Determination
Disability Evaluation Unit
2424 Arden Way, Bldg. A West, Suite 295
Sacramento, CA 95825

RE: DONALD R. MEIDINGER
DOI: 1/27/92 (neck & both
shoulders)
CLM: 6938-92-0003

To Whom It May Concern:

I had the pleasure of examining Donald Meidinger, a 40-year-old, right-handed gentleman in orthopedic evaluation on May 25, 1993 in my Sacramento office. The patient is evaluated with regard to problems he is having with his neck and both shoulders. Medical records have been reviewed for this report.

OCCUPATIONAL HISTORY: The patient states that he has worked as a mosquito control operator for the past 18 years and continues in this capacity. The patient submitted at Job Analysis which includes a description of his physical requirements as follows: Sitting and driving 50% maximum time in normal field operations to 90% when assigned to sedentary work. Walking 25-35% of the time; 5-7% walking in fields, lifting and carrying 5-10% of the time up to 40 pounds. On occasion moving 250 pound drums with the use of a hand truck. Bending and twisting at the waist 1-3% of the time; stooping, kneeling, and squatting less than 2%; climbing and balancing 2-5%; handling and fingering 10-15% of the time; reaching 2-3%; pushing and pulling 2-3%.

Re: DONALD R. MEIDINGER
June 9, 1993
Page 2

HISTORY OF INJURY: The patient states that while at work on January 27, 1992, he had a 30 pound backpack sprayer on for several hours with rather narrow straps over the top of both shoulders and neck. He notes that towards the end of that day he had aching on the top of the both shoulders, some swelling on the top of the left shoulder, and numbness and tingling in both hands.

He relates that he was seen by a chiropractor, Douglas Pfeifle, D.C., the next day and 2-3 times over the next week. The patient states that Dr. Pfeifle took him off work for a few days and then returned him to full activities. The patient reports that all symptoms resolved within 1 week and have not recurred. He denies any work modifications or further lost work time.

PAST MEDICAL HISTORY: The patient denies any injuries to or problems with his neck, shoulders, or hands prior to the symptoms of January 27, 1992.

PRESENT COMPLAINTS: The patient denies any recurrence of neck, shoulder or upper back pain, or numbness or tingling in the upper extremities since the above noted time period.

CURRENT TREATMENT: He receives no medications, does not perform any exercises, he uses no supportive devices, and he receives no chiropractic care.

PHYSICAL EXAMINATION:

Cervical Spine: Inspection reveals a normal lordotic curve.

There is no tenderness to palpation. There are no bony irregularities.

Re: DONALD R. MEIDINGER
June 9, 1993
Page 3

Cervical spine range of motion: Flexion 30, extension 30, lateral bend to right and left 40, and rotation to right and left 30 degrees.

Both upper extremities have normal, intact and symmetrical wrist pulses, circulation, light touch and pinwheel sensation, as well as 2+ biceps, triceps, and brachioradialis reflexes.

Circumferential measurements (right/left): Arms 14-1/4/14-3/8 inches; forearms 12-3/4/12-7/8 inches.

Both Shoulders: Inspection reveals normal contours.

There is no localizing tenderness or muscle spasm.

Range of motion of both shoulders is identical. Forward flexion 180, extension 45, abduction 180, internal rotation in abduction 80, external rotation in abduction 80, and internal rotation posteriorly 60 degrees. There is no painful arc and no apprehension.

There is a negative Tinel's sign at the wrist and elbow bilaterally. There is no muscle atrophy.

Using the Jamar hand dynamometer, grip strength in pounds (right/left) is as follows: 142/134, 134/125, and 136/130. A full effort was exerted. The patient indicates that his right hand grip is stronger than the left.

X-RAY EXAMINATION: No x-rays were submitted and none were taken today.

REVIEW OF MEDICAL RECORDS: Medical records of Douglas Pfeifle, DC, February 12 to 21, 1992 as well as a job description were forwarded for review. The pertinent information is included in the dictation above.

IMPRESSION: 1. Contusion of both shoulders with compression neuropathies of both

Re: DONALD R. MEIDINGER
June 9, 1993
Page 4

upper extremities secondary to
backpack syndrome, resolved.

DISCUSSION:

This 40-year-old gentleman carried a backpack sprayer for several hours on January 27, 1992 towards the end of which he began to experience pain and swelling on the dorsum of both shoulders with associated numbness and tingling of the hands. The symptoms resolved after a week and have not recurred. There is no prior history of same.

The patient's subjective complaints and objective findings are as noted above.

I will answer your questions in the order posed.

The patient's above noted condition completely resolved within a week. No further care is needed.

The patient sustained no permanent disability as a result of the January 27, 1992 work injury.

There are no subjective complaints and no objective findings at this time.

The patient can continue in his usual and customary occupation as a mosquito control technician.

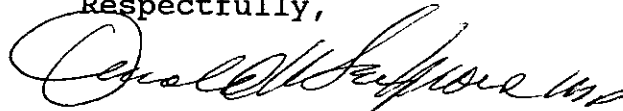
I appreciate the opportunity to evaluate this patient and would gladly answer any questions as they arise.

Pursuant to AB 3660, I declare under penalty of perjury that the information contained in this report and its attachments, if any, is true and correct to the best of my knowledge and belief, except as to information that I have indicated I received from others. As to that information, I declare under penalty of perjury that the information accurately describes the information provided to me and, except as noted herein, that I believe it to be true.

Re: DONALD R. MEIDINGER
June 9, 1993
Page 5

I interviewed this patient, elicited the history, and reviewed the medical records summarized above. Additional names of person(s) assisting me during the evaluation, if any, have been identified in the body of the report. In addition to performing the physical examination, I drafted the report and outlined the above conclusions. The report was then reviewed for completeness and accuracy by Julia Vax, a member of our staff. I then reviewed and approved the final report and verify that these are my opinions exclusively. Pursuant to LC4628, this report was signed in San Francisco County on June 9, 1993

Respectfully,



Donald W. Seymour, M.D.
Qualified Medical Examiner

DWS:wbw1

cc: Elena Piazzisi
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Patient

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