

INE ORTHOPAEDIC

PR-2

DATE PRINTED:

04/11/00

Account: WC123764

ient: BEARD, TOM G.

PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2

- Periodic Report
- Change in Work Status
- Change in patient's condition
- Need consultation referral
- Need surgery/hospitalization
- Change in Treatment
- Info requested by
- Discharged
- Other:

PATIENT
 Account: WC123764
 TOM G. BEARD
 2937 TOYON DRIVE #2
 SS#: 558-76-6159
 CLAIMS ADMINISTRATOR
 BRAGG AND ASSOC.
 P.O. BOX 1406
 Employer: S.J. CTY MOSQUITO CONTROL

Doctor: 8
 SEX: M
 STOCKTON

D.O.B.: 09/24/49
 CA 95203
 PHONE: (209) 941-4816

Claim #: 6938950005
 ROSEVILLE

CA DOI: 05-25-95
 95678

- DIAGNOSIS
1. SPRAIN/STRAIN MED MENISCUS/CARTILAG 836.0
 2. 715.96
 3. 274.9

WORK STATUS This patient has been instructed to:

- Remain off work until
- Return to Modified Work on limitations and instructions: with the following
- Return to Full Duty on restrictions. with no limitations or

CONTINUE WITH: Modified Work Full Duty
 ##### PART OF BODY: LEFT KNEE

DATE OF EXAM: 4/10/00
 #####
 The patient returns today for reevaluation. He has had some increase in pain over the weekend. He did not do anything to bring it on. He just woke up Saturday morning. Presumably this is related to increased activities of work and flareup of his osteoarthritis. He is status post (several years) left knee arthroscopic partial medial meniscectomy.
 The patient and I talked about his weight situation as he has not been too serious about trying to get under 300 lbs. and lose additional weight from that point onward.
 On examination today, the patient's weight is 293 lbs. with his clothes on. His knee evaluation reveals some bilateral medial compartment osteoarthritis. There is medial joint line tenderness. No effusion

BRAGG & ASSOC.
MAY 02 2000

patient: BEARD, TOM G.

is identified.
ASSESSMENT:

- 1. Minimal crepitus is noted of the left knee.
- 2. Osteoarthritis of both knees.
- 3. Status post left knee arthroscopic partial medial meniscectomy.

PLAN: The patient has already missed a half of his work day. We will have him remain off of work today due to his increased complaints of bilateral knee pain until tomorrow, at which time he will return to his regular job duties. The patient will continue with his gym program. I have recommended a six month gym membership so he may continue with his exercise program in an attempt to promote weight loss.

EDWARD L. CAHILL, M.D./sh

Edward L. Cahill

"I have not violated Labor Code Section 139.3 and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty or perjury."

Date this day of 4/11/00
at San Joaquin County, California.

BRAGG & ASSOC.
MAY 02 2000