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January 8, 1992

Re: MEIDINGER, Don
File #3582

To Whom It May Concern:

Don returns and states the left knee is doing okay although he has days when he feels the knee catching on him and at times it is quite painful. There has been no definite locking although clicking and the pain has been bothersome at times. He stopped the Clinoril as it caused some GI upset although he has been fine since stopping the medication.

We have discussed arthroscopy with him because of the tear of his medial meniscus. He does have some laxity of the posterior cruciate and he has been advised that even with the arthroscopy there is a risk of recurrence because of the laxity of the knee. He understands this. He wishes to continue just the exercise program at home alone. He will keep doing this. I will see him back in 1 month for follow-up. He is working full time.

Sincerely,


Darryl W. Kitayama, M.D.

DWK/gp